Name/ID:		Date:		
	NSSIDS			
	Please answer these additional que self-injury you reported earlier in			
•	now many separate days have you engagourpose) and without suicidal intent (i.e.	•		
	the last year, was there ever a time when days, over the course of 1 year?	n you engaged in any of these behaviors es No		
been multiple years in	eparate days did you engage in these bel which you have self-harmed on 5 or mo he year in which you harmed yourself m	ore days, please write down how many		
There may be multiple these behaviors:	e reasons to engage in these behaviors. F	Please indicate the reasons you engage in		
	m to obtain relief from a negative feeling	-		
	Half of the time	67 Always		
4. I engage in self-hard	m to cope with problems with other peo	ple		
12 Never	Half of the time	67 Always		
	m to create a positive feeling	7		
Never	Half of the time	Always		
6. Do interpersonal ditengage in self-harm?	fficulties (for example a disagreement w	rith a friend) occur right before you		
12 Never	Half of the time	7 Always		
7. Do you have negative	ve feelings or thoughts right before you	engage in self-harm?		
12Never	355 Half of the time	67 Always		

difficult to c	ontrol?					
1 Never	2	-	Half of the time	5	6	7 Always
9. Do you th	ink about self	-harm	even when you aren	i't engaging	in it?	
1	2	3	4	5	6	7
Never			Half of the time	-	-	Always
10. Does eng	gaging in self-	harm c	ause you stress?			
1	2	3	4	5	6	7
Never			Half of the time			Always
11. Does eng	gaging in self-	harm c	ause you problems	with other p	eople?	
1	2	3	4	5	6	7
Never			Half of the time			Always
12. Does eng	gaging in self-	harm c	ause academic or w	ork difficul	ties?	
1	2	3	4	5	6	7
Never			Half of the time			Always
13. Does eng	gaging in self-	harm c	cause difficulties in	other areas	of your li	ife?
1	2	3	4	5	6	7
Never			Half of the time			Always
13b. If so, ir	what areas?					
14. How ofte	en do you eng	age in	these behaviors who	en under the	influenc	ee of drugs or alcohol?
1	2	3	4	5	6	7
Never			Half of the time			Always
		_	these behaviors in rear or see (e.g. voices			riences, like hearing or seeing
1	2	3	4	5	6	7
Never			Half of the time			Always
16. Have yo	u been diagno	sed wit	th a mental health d	isorder?	Yes	No
16b. If so, p	lease indicate	which	mental health disord	ders you hav	ve been d	liagnosed with

8. **Before** you engage in self-harm, do you have a period of preoccupation with self-harm that is

NSSIDS Paper or Hand Scoring

The scoring used in the original psychometric paper for the NSSIDS is as follows:

Criterion A: 5+ days of NSSI in a year

Current Threshold: Value for item #1 is greater than or equal to 5.

Past Threshold: Value for item #2 of "yes"

<u>Criterion B</u>: NSSI to relieve negative feelings/cognitive states, resolve an interpersonal difficulty, or induce a positive feeling.

Threshold: A score of 4 ("Half of the time") or higher on items #3, #4, **OR** #5.

- <u>Criterion C</u>: Interpersonal difficulties, negative feelings/thoughts, or hard-to-control preoccupation with NSSI immediately before self-injury, or frequent thoughts about NSSI when not injuring. Threshold: A score of 4 ("Half of the time") or higher on items #6, #7, #8, **OR** #9.
- <u>Criterion D</u>: NSSI is not socially sanctioned, picking scabs, or nail biting.

 Threshold: Refer to the NSSI methods measure used along with the NSSIDS for these data.
- <u>Criterion E</u>: NSSI causes distress or impairment in interpersonal, academic, or other functioning. Threshold: A score of 4 ("Half of the time") or higher on items #10, #11, #12, <u>OR</u> #13.
- <u>Criterion F</u>: NSSI is not exclusively during psychosis, delirium, substance intoxication, withdrawal, or better explained by another disorder.

Threshold: To meet criterion F, a participant must report ALL OF THE FOLLOWING:

- A score of less than 7 ("Always") on item #14
- A score of less than 7 ("Always") on item #15
- Item #16 is "No" OR item #16b is not an exclusionary diagnosis (e.g., stereotypes)'

NSSIDS Computer Scoring

Note: Because software and variable setups inevitably differ across researchers and studies, please verify that this code works as expected with your own data files. This code is provided only as a guide. This code does not include scoring for criterion D (excluded methods), as this scoring will depend on the measure of NSSI behaviors used.

```
/* Scoring for criterion A */
RECODE NSSIDS1 (MISSING=SYSMIS) (5 thru Highest=1) (ELSE=0) INTO criterionAcurrent.
RECODE NSSIDS2 (MISSING=SYSMIS) (1=1) (0=0) INTO criterionApast.
EXECUTE.
/* Scoring for criteria B, C, E, and F */
COUNT criterionB=NSSIDS3 NSSIDS4 NSSIDS5(4 thru Highest).
COUNT criterionC=NSSIDS6 NSSIDS7 NSSIDS8 NSSIDS9(4 thru Highest).
COUNT criterionE=NSSIDS10 NSSIDS11 NSSIDS12 NSSIDS13(4 thru Highest).
COUNT criterionF=NSSIDS14 NSSIDS15(Lowest thru 6).
EXECUTE.
RECODE criterionB (MISSING=SYSMIS) (1 thru Highest=1) (ELSE=0).
RECODE criterionC (MISSING=SYSMIS) (1 thru Highest=1) (ELSE=0).
RECODE criterionE (MISSING=SYSMIS) (1 thru Highest=1) (ELSE=0).
RECODE criterionF (MISSING=SYSMIS) (2 thru Highest=1) (ELSE=0).
EXECUTE.
/* This syntax flags participants whose diagnoses should be reviewed for exclusion on criterion F */
DO IF (criterionF=1 & NSSIDS16=1).
RECODE criterionF (ELSE=1) INTO flag.
END IF.
EXECUTE.
/* This syntax combines criteria A, B, C, E, and F. This syntax should be modified to include */
/* your variable for criterion D (excluded methods) and should only be used after dealing with */
/* flagged diagnoses for criterion F by visual inspection of diagnoses reported for item #16 */
COUNT DSMdxCurrent=criterionAcurrent criterionB criterionC criterionE criterionF (1).
COUNT DSMdxPast=criterionApast criterionB criterionC criterionE criterionF (1).
RECODE DSMdxCurrent (MISSING=SYSMIS) (5=1) (Lowest thru 4=0).
RECODE DSMdxPast (MISSING=SYSMIS) (5=1) (Lowest thru 4=0).
```

EXECUTE.